



## **Become a Spinning Babies® Aware Practitioner Application Pathway for Aligned Bodywork Training**

Spinning Babies® Aware Practitioners (SpBAP) are birth and bodywork professionals who integrate the Spinning Babies® approach into their care; bringing awareness, balance, and physiological principles to pregnancy and birth.

This application pathway recognizes practitioners who have completed in-depth, aligned bodywork education and are ready to integrate the Spinning Babies® into their professional practice.

If you meet the requirements below, you are eligible to apply for inclusion in the Spinning Babies® Aware Practitioner listing.

### **Eligibility Requirements**

This application pathway is intended for practitioners who have completed **Carol Phillips' Dynamic Body Balancing: Levels I, II, and III**.

To apply through the Alternative Pathway, you must complete both of the following:

#### **1. Aligned Bodywork Training**

- **Carol Phillips' Dynamic Body Balancing:** Levels I, II, and III

#### **2. Spinning Babies® Workshop Requirements**

Complete **either** of the following:

- Two Spinning Babies® Foundational Workshops, or
- One Spinning Babies® Foundational Workshop and one Spinning Babies® Integration Workshop

#### **Additional requirements:**

- At least one Spinning Babies® workshop must have been completed within four years of your application date.

#### **Important note about other eligibility routes:**

Practitioners who have completed **one Spinning Babies® Foundational Workshop and the 4-Day Spinning Babies® Aware Practitioner Training** are eligible to apply for the Spinning

Babies® Aware Practitioner listing through the standard application pathway, even if they have not completed Carol Phillips' training.

## How to Apply



To join the Spinning Babies® Aware Practitioner directory through this pathway:

### 1. Submit the SpBAP Application

Applicants will complete the [SpBAP Application form](#).

### 2. Email Your Supporting Documents

Send the following to [info@spinningbabies.com](mailto:info@spinningbabies.com):

- A copy of your document of attendance from **2 Spinning Babies® Foundational Workshops**
- A copy of your certificate for completion of **Carol Phillips' Dynamic Body Balancing: Levels I, II, and III**
- \*After verification of your documents you will receive a link to fill out your information for the Public Professional Directory

### 3. Pay the Annual Listing Fee

A \$100 annual membership listing fee maintains your active status in the Aware Practitioner directory and rights to use the Spinning Babies® Aware Practitioner badge.

## What This Pathway Offers

- Recognition as a Spinning Babies® Aware Practitioner, including use of the official Spinning Babies® Aware Practitioner badge
- A professional listing in our global directory
- Connection to a worldwide community of birth and bodywork professionals
- Eligibility for future Spinning Babies® Integration and advanced trainings

This pathway supports practitioners who have already invested deeply in bodywork education and want to bring the Spinning Babies® approach more fully into their practice.

## Ready to Move Forward?

Complete your requirements, gather your documents, and submit your Alternative SpBAP Application to begin the process.

For questions, contact [info@spinningbabies.com](mailto:info@spinningbabies.com)

Scan the QR code to get started!

